



Attention Back Pain and Sciatica Sufferers!

Back Pain and Sciatica Workshop

Reveals How to Naturally Heal Back Pain and Sciatica For Good.

Sunday, May 13th @ 10am

556B Middle Neck Rd • Great Neck, NY 11023

Do you suffer with back pain or leg pain when you stand or walk?

Do you have pain when you sit for long periods or drive?

Do you experience pain, numbness or tingling in your backside, groin, or down your leg?

If you have answered YES to any of the above questions (or have a stubborn spouse who is in denial) – the Lower Back and Sciatica Workshop may be a life changing event for you...

Back pain and sciatica can completely ruin your life... I've seen it many times.

- ⇒ It can make you lean on the shopping cart when walking through the grocery store (how embarrassing)...
- ⇒ It can take your focus away on enjoying your life...like spending time with your children or grandchildren...
- ⇒ It can mess up your work or force you to do a job you don't want to do...
- ⇒ It can ruin your travel plans...
- ⇒ And it can take away your ability to live life... having to rely on others... or taking away from you the things you enjoy most in life.

And less movement and enjoying of life can lead to depression, increased stress and a sedentary lifestyle (mostly sitting... not moving much) which leads to bigger health problems... and life problems.

Here at Marathon Physical Therapy, our Sciatica and Lower Back Specialists have helped 1000's of people who have suffered needlessly with lower back pain and sciatica... it's our specialty.



Back Pain and Sciatica Workshop

So by request, I'm hosting a Sciatica and Lower Back Pain Workshop here at Marathon Physical Therapy. If you're confused about what to do and looking for answers, here's some of what you'll learn:

- ⇒ The Single Biggest #1 Mistake back pain and sciatica sufferers make which actually stops them from healing...
- ⇒ The 3 Most Common Causes of Lower Back Pain and Sciatica...
- ⇒ A Sure-Fire Way to Pick the Right Treatment for the Cause of Your Pain (and save you a ton of time and money)
- ⇒ How a problem in your back can cause pain, numbness or tingling in your leg...
- ⇒ What successful treatment & permanent relief looks like without the side effects of medications, injections or surgery.

How Do I Register for the Lower Back Pain and Sciatica Workshop?

Call our office to register at (516) 487-9810

We only have 20 seats available for the event... and this will be going out in our patient newsletter, facebook ads, and social media, so it will fill up soon.

So if you would like to attend, be sure to register now...
Call (516) 487-9810!

How Much Is It to Attend?

The event is completely FREE! And all attendees for the Sciatica and Lower Back Pain Workshop will receive a Special Report: "The Top 10 Burning Questions for Sciatica".

Looking forward to seeing you there,

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P.S. – This event is limited to the first 20 people to register. When you register, you can bring a guest at no additional cost (we do this because many people request to bring their spouse or other family member).



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**556B MIDDLE NECK RD
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